Instructions for Properly Removing Contaminated Gloves

**Figure 1:** Grip one glove near your wrist.

**Figure 2:** As you pull the glove over your fingers, the glove will be pulled inside-out.

**Figure 3:** Pull the glove all the way off and grip it in your gloved hand. Be sure to not snap the glove when removing.

**Figure 4:** Slide your finger under your second glove, still gripping the first glove.

**Figure 5:** Pull the second glove upwards and off the tips of your fingers, concealing the first glove inside.

**Figure 6:** Gripping the inside of the removed second glove, the first glove will be contained inside. Dispose of your used gloves properly.